



ERCP INSTRUCTIONS

WHEN:

Your procedure is scheduled for: _____

DATE

ARRIVAL TIME

This time has been set aside for you and your physician – There may be some variation in the actual start time of your procedure

WHERE to GO:

- Candler Hospital – first floor of the Professional Office Building, 5354 Reynolds Street
- Memorial Health University Medical Center – Center for Advanced Medicine Building – 4700 Waters Avenue
- St. Joseph’s Hospital – double doors beside the Emergency Room entrance – 11705 Mercy Boulevard
- Effingham County Hospital – through new main entrance to the reception desk – GA Highway 119, Springfield, GA 31329

INSTRUCTIONS:

1. Please allow 1 to 1 ½ hours for your procedure.
2. If your procedure is scheduled before 12:00 noon, **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT ON THE EVENING PRIOR TO THE PROCEDURE.**
3. If your procedure is scheduled after 12:00 noon, you may have a Clear Liquid Breakfast (see next page for Clear Liquid Diet) up until 8:00 a.m. After 8:00 a.m., **do not eat or drink anything else.**
4. On the day of your procedure please take your heart, blood pressure, acid reflux and seizure medications that you normally take with a small sip of water.
5. Please stop taking iron and any NSAIDS (nonsteroidal anti-inflammatory drugs) such as aspirin, Celebrex, ibuprofen, naproxen, Toradol, Lodine, Indocin _____ days before your procedure.
6. Women of childbearing age (< 50 years old) will have a pregnancy test performed on procedure day.
7. If you are Diabetic – see separate instructions attached.
8. If you take any of the following medications, please STOP taking them as directed below:

| | |
|------------------------------------------------------|---------------------------------------------------------|
| ❖ Coumadin - STOP taking _____ days before procedure | ❖ Phentermine - STOP taking _____ days before procedure |
| ❖ Plavix- STOP taking _____ days before procedure | ❖ Fragmin - STOP taking _____ days before procedure |
| ❖ Xarelto -STOP taking _____ days before procedure | ❖ Effient -STOP taking _____ days before procedure |
| ❖ Pradaxa-STOP taking _____ days before procedure | ❖ Eliquis -STOP taking _____ days before procedure |

9. **You must bring someone with you to drive you home** as you will be sedated and are not allowed to drive for 12 hours after the procedure. Your driver must remain in the building during your procedure or the procedure will be rescheduled.

Have more questions? Call Freida Carter 912/721-6602 or Kristyn Brown 912/721-6635 or Alfreida Martin 912/721-6661; Billing questions – Call 912/354-9447

PLEASE BRING THIS PACKET WITH YOU ON THE DAY OF YOUR PROCEDURE

CLEAR LIQUID DIET

You **may have** the following:

Drinks:

1. Juices (like apple, pineapple, or grape) and any strained citrus juices. None with RED color
2. Hot tea, iced tea and coffee ***without cream or milk***
3. Soft drinks like ginger ale, lemon-lime soda, club soda, cola, diet cola and root beer.
4. Sports drinks (Gatorade and Powerade), orange, blue, pink, purple, green and yellow are o.k. (nothing RED in color)

Soups: Clear broth, bouillon, or consommé

Desserts:

1. Plain popsicles – NOT the ones with pureed fruit or fiber in them. Nothing RED in color
2. Flavored gelatin (like Jell-O® without fruit). You may also drink gelatin as a warm beverage before it sets. Nothing RED in color

Other: Sugar, honey, jelly or syrup

DO NOT have the following:

| | |
|---|-------------------------------------------------------------------------------------------------------------------------|
| X | 1. <u>Do not</u> eat solid food. |
| X | 2. <u>Do not</u> drink any beverage that you cannot see through. Nothing RED in color should be consumed. |
| X | 3. <u>Do not</u> drink beverages containing alcohol. |
| X | 4. <u>Do not</u> drink dairy products – like milk, hot chocolate, buttermilk, and cream. |
| X | 5. <u>Do not</u> consume any non-dairy creamer. |
| X | 6. <u>Do not</u> drink fruit smoothies, nectars, fruit juices with pulp, or prune juice. |