



General Preparation Instructions

- **DO NOT** eat or drink after midnight the night before your procedure. (No Chewing Gum, candy etc..)
- **DO NOT** take any reflux/acid reducing medications (omeprazole, pantoprazole, famotidine, esomeprazole, lansoprazole, tums, or rolaids) for 7 days prior to your procedure.
- Please allow 90 minutes for your procedure.
- If you plan to have **any type of surgery prior to your scheduled procedure, please let us know.**
- Women of childbearing age (< 50 years old) will have a pregnancy test performed on procedure day.
- On the day of your procedure please take your heart, blood pressure and seizure medications that you normally take with a small sip of water.
- **DO NOT** consume illicit drugs **7 days** prior to your procedure. This may adversely affect outcomes and anesthesia. This may cause your procedure to be rescheduled
- If you are diabetic or on weight loss injections, please see page 2 below.
- **You must have a driver with you;** no taxi, bus or uber unless you have someone that can stay with you while the procedure is being performed. Your driver must remain in the building during your procedure, or the procedure will be rescheduled.
- Leave all valuables at home or with your driver on procedure day. This includes, but is not limited to jewelry (watches, bracelets, necklaces, earrings, rings), cell phones, purses or wallets, and any money.

Pre-Procedure Medication Instructions

If you take any of the following medications, please **STOP** taking them as directed below (*unless otherwise indicated*):

→ Blood Thinners/Anti-Platelet Agents

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| · Plavix - stop 5 days before procedure | · Phentermine - stop 14 days before procedure |
| · Coumadin - stop 5 days before procedure | · Fragmin - stop 3 days before procedure |
| · Xarelto - stop 2 days before procedure | · Effient - stop 5 days before procedure |
| · Pradaxa - stop 2 days before procedure | · Eliquis - stop 2 days before procedure |
| · Brilinta - stop 3 days before procedure | · Aggrenox - stop 5 days before procedure |



Pre-Procedure Medication Instructions(continued)

If you take any of the following medications, please **STOP** taking them as directed below (*unless otherwise indicated*):

→ **Weight-Loss/Diabetic Medications**

If you take oral and insulin or other injectable diabetes medication, follow the instructions for each as shown below:

<u>MEDICATION</u>	<u>MORNING</u> <u>(day before exam)</u>	<u>NIGHT</u> <u>(before exam)</u>	<u>MORNING</u> <u>(day of exam)</u>
<u>Weekly Injections</u>	Hold for 7 days prior to procedure Ozempic (semaglutide), Wegovy (semaglutide), Mounjaro (tirzepatide), Trulicity (dulaglutide), Byetta (exenatide), Bydureon, Zepbound, Adlyxin, and Victoza.		
<u>Oral (tablets by mouth)</u>	Usual dose	Do not take	Do not take
<u>Rybelsus</u>	Hold for 7 days prior to procedure.		
<u>Januvia, Jardiance, Invokana, Farxiga, Steglatro, and Brenzavvy</u>	Hold for 3 days prior to procedure		
<u>Long-Acting Insulin</u>	Take half your usual dose	Take half your usual dose	Do not take
	<i>Note: If you check your blood sugar near your usual evening meal, you may adjust this half dose up or down depending on your reading.</i>		
<u>Regular Insulin</u>	Follow your sliding scale if you take before meals		
<u>Insulin Pump</u>	Confirm dosage adjustment with your medical provider		

If you take any of the above weight-loss/diabetic medications, please follow the clear liquid diet on page 3 for the entire day before your procedure. Nothing to eat or drink after midnight.



Clear Liquid Diet

You **may** consume the following:

Drinks

- Juices (like apple, pineapple, or grape) and any strained citrus juices; none with **RED** color
- Hot tea, iced tea and coffee without cream or milk
- Soft drinks like ginger ale, lemon-lime soda, club soda, cola, diet cola and root beer.
- Sports drinks (Gatorade and Powerade), orange, blue, pink, purple, green and yellow are okay (nothing **red** in color)

Soups

- Clear broth, bouillon, or consommé

Desserts

- Plain popsicles – NOT the ones with pureed fruit or fiber in them; nothing **red** in color
- Flavored gelatin, such as Jell-O® without fruit. You may also drink gelatin as a warm beverage before it sets. Nothing **red** in color

Other

- Sugar, honey, jelly or syrup

DO NOT consume the following:

- Any beverage that you **cannot** see through; nothing **red** in color should be consumed
- Beverages containing alcohol
- Dairy products, such as milk, hot chocolate, buttermilk, and cream
- Non-dairy creamer
- Fruit smoothies, nectars, fruit juices with pulp, or prune juice.



What is an EGD with Bravo?

An EGD with Bravo is a minimally invasive procedure that uses a wireless capsule to measure acid levels in the esophagus.

What is it used for?

An EGD with Bravo is used to diagnose conditions of the upper digestive tract, such as gastroesophageal reflux disease (GERD), Barrett's esophagus, and ulcers. It can also help determine if medications or surgical treatments for GERD are effective.

How is it performed?

During the procedure, a scope is used to examine the upper digestive tract and a small capsule is attached to the lining of the esophagus. The capsule measures acid levels and transmits the information to a receiver that you'll wear for 48 hours. You'll also keep a diary to record your symptoms.

Recovery:

After the procedure, you can resume your normal diet. The capsule will fall off on its own in four to ten days and pass through your digestive system (could take up to 30 days depending on your digestive system). You'll return the monitor and diary within 48 hours to the location you received it.

Risks:

The Bravo test has had few complications, but some potential risks include:

- The capsule may not stay in place for the entire testing period
- The capsule may not detach when it's supposed to
- You may experience discomfort when you swallow, chest pain, or back pain
- You may have a sore throat for a day or so from the endoscopy

NO MRI'S FOR 30 DAYS AFTER THE PROCEDURE DUE TO THE CAPSULE BEING MADE OF METAL.



Depending on your coverage, you may receive the following bills once claims have been processed:

Procedures: Please call your insurance company to verify coverage for preventative, routine, diagnostic, or screening services. Patients are expected to pay their total estimated procedure cost prior to rendering service. Our office will provide the estimated amount based on eligibility benefits received from your insurance.

- Physician Fee: Fee paid to the physician for performing services. This bill will come from Gastroenterology Consultants of Savannah, PC.
- Facility Fee: The facility in which you have the procedure performed will send a separate bill.
 - Facilities used by our providers: (We suggest contacting your insurance company to ensure your scheduled facility is in network)
 - Endoscopy Center of Coastal Georgia, LLC
 - St. Joseph's/Candler Health System
 - Effingham Health System
- Anesthesia Fee: Anesthesia is billed separately from the facility fee.
- Pathology: If you have a specimen removed, laboratory and pathology are billed separately.

Some insurance companies require precertification. Our office will try to verify your benefits and obtain necessary prior authorizations; however, this is not guarantee of payment. We will submit all insurance claims on your behalf if all necessary information is provided. If coverage is deemed inactive for your dates of service, you are responsible for the balances.

Late Cancellations/No-Shows:

Procedure Policy:

- Cancellations less than 72 business hours before your procedure date will result in a \$150 fee.
- No-showing to your procedure will result in a \$150 fee.
- If a procedure must be repeated/rescheduled due to poor patient preparation, this may result in multiple insurance claims and additional patient responsibility.



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Dear Patient,

The following information is provided to help you better understand the process of the laboratory test your health care provider ordered.

Why did my health care provider order this lab test?

Providers order testing to rule out potential complications or confirm suspected diagnoses. These tests can save you both time and money on unneeded therapies or surgeries. Additionally, our laboratory diagnostics can help your provider identify and more rapidly treat potential medical conditions before they worsen.

Who is Advanced Pathology Services?

APS is an anatomic and molecular pathology laboratory located in Central Arkansas. Healthcare providers commonly use our lab because of our specialized approach to patient needs. We offer certain testing that can only be found in less than 20 laboratories nationally. Additionally, soft tissue and suspected melanoma cases are read by a board-certified pathologist to provide the most accurate and specialized interpretations of patient specimens.

Lab Results

Your results will be sent directly to your treating provider. Please remember to schedule your follow-up appointment with your physician to receive the results and, if needed, determine any further course of action.

Insurance Information

Within usually one to four months of your laboratory test, your insurance carrier will send you an Explanation of Benefits (EOB). THIS IS NOT A BILL. Occasionally, APS has to resubmit to your insurance with further information to achieve insurance payment.

APS Bill

The amount you owe for this laboratory test, if any, will be sent to you via mail. In the event you notice any discrepancies or have questions, please do not call your provider. Our Billing Specialists at APS are happy to discuss your insurance benefits, patient responsibility, and payment options.

Contact Information

For questions or concerns regarding your APS lab bill, please call our lab at 501-225-1400 and ask to speak to one of our Billing Specialists.

Thank you,
Advanced Pathology Solutions

(501) 225-1400

4850 Northshore Lane

www.apslabgroup.com/